



## Job Description

<b>Job Title:</b>	Trainee - Children & Young People Well-being Practitioner
<b>Hours:</b>	35 hours
<b>Salary:</b>	NJC Scale 13: (£26,873)
<b>Contract:</b>	Fixed Term Training Contact (12 months)
<b>Employed by:</b>	YPAS
<b>Responsible to:</b>	Wellbeing YIAC Development Manager
<b>Accountable to:</b>	Senior Strategy and Operations Manager
<b>Project Delivery:</b>	Wellbeing Service
<b>Location:</b>	YPAS Hubs, peripatetic delivery in local community

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### Training:

**Qualification gained:** Postgraduate Diploma in Children and Young People Wellbeing (CYWP) Practitioner.

**Location of Training:** Greater Manchester Psychological Therapies Training Centre (GMP TTC), Greater Manchester Mental Health NHS Foundation Trust (2 day per week)

**Location of Placement:** Young Persons Advisory Service - Liverpool (3 days per week)

The one-year course will be split between training and clinical work. Subsequent to the successful completion of the fixed term training contract, applicants will be in a position to apply to vacant posts at YPAS.

### Training Overview:

The CYWP course provides a thorough and robust theoretical base with particular focus on the protocols with the soundest evidence. In addition to providing practical, intensive and detailed skills training to facilitate skill development to a defined standard of competency, the course aims to increase trainees' knowledge base of

theory and research in focused evidence based interventions, in the form of low intensity support and guided self-help to children and young people (CYP) who demonstrate mild to moderate presentations. It aims to equip trainees to become skilled, creative and independent CYWP practitioners who appropriately value and adhere to treatment protocols with fidelity.

- The clinical work involves being part of a multi-disciplinary team and maintaining a clinical caseload of CYP presenting with low to moderate mental health and emotional well-being difficulties; in addition to receiving weekly clinical supervision.
- The training involves teaching blocks and supervision days at the GMW CBTTTC.

### **Purpose of Role:**

Improve access to early intervention and prevention services, delivering evidence based psychological therapies to prevent referrals to specialist/ targeted CAMHS. Provide evidence-based psychological interventions with children, young people and parents experiencing low mood/depression, anxiety and phobias. Ensure inappropriate referral are supported to the appropriate intervention.

### **Duties and Responsibilities:**

- To manage and maintain a case-load offering short term interventions
- To provide evidence-based psychological interventions to CYP and parents who are experiencing difficulties with their mental health and emotional-wellbeing.
- To provide weekly well-being clinics in secondary schools
- To provided parenting interventions
- To engage with families as appropriate to the needs of the child/young person
- To provide group interventions as and when required
- To liaise with teaching staff, pastoral support, parents and carers
- To use outcome measures collaboratively with children, parents and teachers to assess, monitor, evaluate and demonstrate the impact of the intervention as agreed by YPAS
- To utilise MDT process to step up complex cases
- To develop and maintain sound working relationships with external agencies, to enable appropriate support relating to the child's needs.
- To initiate and support the EHAT (Early Help Assessment Tool) assessments
- To attend safeguarding meetings as and when required by your caseload
- To be Information Governance compliant in regards to Safeguard Children and Young People personal data
- To record, file and enter data in accordance with the organisation's needs.
- To actively promote participation
- To write reports
- To generate monthly statistical information in response to YPAS guidelines
- To play a key role in aspects of the service developments, including monitoring and evaluation.
- To identify and access appropriate training and personal development opportunities

- To be committed to value based and anti- discriminatory practice

### **Shared Tasks;**

- To adhere to all health and safety regulations
- To adhere to all YPAS policies.
- To actively participate in the evaluation and quality assurance of the service.
- To share knowledge and skills through training as and when required.
- To engage with all YPAS services and team members

### **Support and Supervision;**

- Comprehensive staff induction
- KIT (keep in touch) meetings during probation period
- Six weekly line management supervision
- Weekly clinical supervision.
- Staff meetings
- Skill share meetings
- Staff Conferences
- Annual appraisal

### **Safeguarding:**

***YPAS is committed to Safeguarding and promoting the welfare of children, young people and families and expects all staff to share in this commitment.***

### **Information Governance:**

***You are required to familiarise yourself with the charity's Information Governance Policy and adhere to all related policies and procedures included in the staff induction.***

### **Review**

*This job description is issued as a guideline to help you understand the expectations of the trainee role. It has been prepared based on the current needs of the service and will be subject to periodic review or development.*

*The appointment is subject to a satisfactory enhanced DBS check, two references and proof of original documentation. If appointed, you will be subject to a six month probationary period.*



## Person Specification

### Children and Young People Well-being Practitioner (CYWP)

#### Qualifications:

	Essential	Desirable
A professional qualification to degree level or above		<b>x</b>
Member of a recognised professional governing body		<b>x</b>
Registered therapist		<b>x</b>
Accredited or working towards		<b>x</b>

#### Experience:

	Essential	Desirable
Minimum of 1 years' experience of working therapeutically with children and young people	<b>x</b>	
Therapeutic group work		<b>x</b>
Time limited interventions		<b>x</b>
Evidence-based psychological interventions	<b>X</b>	
Working with complex needs	<b>x</b>	
Working collaboratively across health, education and social care	<b>x</b>	
Safeguarding children and families	<b>x</b>	
Anti-oppressive practice	<b>x</b>	
Working with families	<b>x</b>	
Working in secondary education		<b>x</b>
Routine Outcome Measures (ROM's)		<b>x</b>

#### Knowledge and Understanding:

	Essential	Desirable
Issues affecting children's mental health and emotional well-being.	<b>x</b>	
Multiple therapeutic approaches		<b>x</b>
Legislative framework relating to children.	<b>x</b>	
EHAT (Early Help Assessment Tool)	<b>x</b>	
Voluntary and statutory sector.	<b>x</b>	
Care Aims model		<b>x</b>
Participation	<b>X</b>	
Quality Assurance	<b>x</b>	
Equal opportunities and anti-discriminatory practice.	<b>x</b>	
Value based practice		<b>X</b>
Principles of Information Governance		<b>x</b>
Routine outcome measures	<b>x</b>	
Safeguarding	<b>x</b>	

#### Abilities and Skills:

	Essential	Desirable
Excellent listening skills	<b>x</b>	

To build and maintain effective working relationships with professionals, parents and carers	<b>x</b>	
To build and maintain effective therapeutic relationships with children.	<b>x</b>	
To monitor and evaluate according to YPAS's systems.	<b>x</b>	
To work under own initiative.	<b>x</b>	
To hold effective team work/interpersonal skills.	<b>x</b>	
To actively participate in service development.	<b>x</b>	
To communicate effectively, both oral and written.	<b>x</b>	
To impart and present accurate information.	<b>x</b>	
To collate information and statistics.	<b>x</b>	
To work towards deadlines.	<b>x</b>	
To hold administrative skills and report write.	<b>x</b>	
To be computer literate.	<b>x</b>	

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