



Job Description

Children & Young Persons Therapist (11-25)

Job Title:	Young Persons Therapist (11-25)
Salary:	NJC SCP: 23– 25 (£33,366 - £35,235)
Contracted Hours:	35 hours
Duration:	Fixed Term until March 2026 (<i>funding dependent</i>)
Annual Leave:	30 days per annum
Responsible to:	YIAC Development Manager (Therapeutic Services)
Accountable to:	SSOP Manager, CEO and Board of Trustees
Location:	YPAS Community Hubs (Central, North and South)

Job Purpose:

- To provide individual therapies to children and young people (aged 11-25) who are experiencing difficulties with their mental health and emotional well-being.
- To engage with families as appropriate to the needs of child or young people.
- To offer early help for moderate mental health difficulties.
- To carry out peripatetic work as and when required.
- To manage and maintain a therapeutic caseload as outlined by management.
- To maintain existing links and cultivate good working relationships voluntary and statutory sectors.

Duties and Responsibilities:

- To identify and assess the therapeutic needs of children and young people who are experiencing difficulties with their mental health and emotional well-being.
- To manage and maintain a caseload of working within a 1+8 therapeutic delivery model under YPAS Clinical Management system.
- To liaise with the clinical administration team regarding referrals and allocation.
- To develop and maintain sound working relationships with external agencies to enable appropriate support for additional needs of children and young people.

- To work in collaboration with cross sector agencies to support the needs of children and young people.
- To work peripatetically in relation to the needs of the child or young person.
- To initiate and support the EHAT (Early Help Assessment Tool) process in response to the levels of need for families and multi-agency working.
- To attend safeguarding, EHAT and multi-agency meetings as and when required.
- To record activity data onto YPAS's centralised data system in accordance with YPAS' record keeping policy.
- To actively promote and encourage participation and service user engagement.
- To contribute to YPAS service developments.
- To be committed to value based and anti-discriminatory practice.
- To participate and consult within YPAS's policy review system.
- To share knowledge and skills through training as and when requested.
- To engage with all internal YPAS services to ensure any additional needs of children, young people and families are met.
- To produce monthly activity reports based on your work undertaken.
- To undertake any additional duties consistent with the nature of this position as agreed through the management structure.
- To utilise Routine Outcome Measures collaboratively within practice to assess, monitor, evaluate and demonstrate intervention impact.
- To actively participate in the quality assurance of the service via appropriate systems underpinned by ISO9001.
- To work peripatetically in relation to the needs of children, young people and families.
- To adhere to the data security and information governance compliance requirements in accordance with GDPR.
- To safeguard children, young people and families by adhering to the protocols of YPAS and the LSCP (*Liverpool Safeguarding Children Partnership*).
- To identify and access appropriate training and personal development opportunities.

Shared Tasks:

- To adhere to YPAS's health and safety regulations
- To adhere to all YPAS policies.
- To actively participate in the evaluation and quality assurance of the organisation.
- To share knowledge and skills through training as and when required.
- To engage with all YPAS services and staff team members.

Support and Supervision:

- Comprehensive staff induction
- KIT (keep in touch) meetings during probation period
- Six weekly line management supervision
- Monthly external/clinical case-load supervision
- Biweekly Team meetings
- Special Interest Groups
- Skill share meetings
- Staff Conferences

- Therapy Service Development Days
- Full staff conferences
- Annual appraisal

Safeguarding:

YPAS is committed to Safeguarding and promoting the welfare of children, young people and families and expects all staff to share in this commitment.

Information Governance:

You are required to familiarise yourself with the charity's Information Governance Policy and adhere to all related policies and procedures included in the staff induction.

Review

This job description is issued as a guideline to help you understand the role you will be expected to undertake. It has been prepared based on the current needs of the service and will be subject to periodic review or development.

The appointment is subject to a satisfactory enhanced DBS check, two references and proof of original documentation. If appointed, you will be subject to a six-month probationary period.



Person Specification Children & Young Persons Therapist (11-25)

Qualifications:

	Essential	Desirable
A recognised Therapeutic qualification to diploma level or above	x	
Registered therapist of a recognised Professional body	x	
BACP Accredited or working towards	x	

Experience:

	Essential	Desirable
Experience of working therapeutically with children & young people aged 11-25 years	X	
Integrative Therapy with children and young people		x
Therapeutic group work facilitation		x
Time limited interventions	x	
The ability to build, maintain and strengthen multi-agency relationships	x	
Anti-oppressive practice	x	
Working with families in relation to the needs of the child or young person		x
Working with Secondary and Further Education		x
Outcome measures & feedback tools		x

Knowledge and Understanding:

	Essential	Desirable
Issues affecting children and young people's mental health and emotional well-being.	x	
Legislative framework relating to children.	x	
Voluntary and statutory sector.	x	
Integrative therapy		x
Care Aims model		x
CYP Participation and service user engagement		x
Quality Assurance		x
GDPR	x	
Value Based Practice	x	
Safeguarding children, young people & families	x	
Equal opportunities and anti-discriminatory practice.	x	
Early Help Assessment Tool		x
Outcome measures & feedback tools		x

Abilities and Skills:

	Essential	Desirable
Excellent listening skills	x	
To build and maintain effective working relationships with professionals	x	
To build and maintain effective therapeutic relationships with children and young people aged 11-25 years.	x	
To monitor and evaluate according to YPAS's systems.	x	
To work using own initiative.	x	
To hold effective teamwork /interpersonal skills.	x	
To actively participate in service development.	x	
To communicate effectively, both oral and written.	x	
To collate information and statistics.	x	
To work towards deadlines.	x	
To hold administrative and report writing skills.	x	
To be computer literate.	x	
