

YPAS has 5 Hubs across Liverpool.

Our Confidentiality Policy

The service we provide is confidential and we will respect your privacy. We will ask for your consent before we share information about you.

We understand that you may not be "out" to anyone so we want to let you know that we will keep it that way until you feel ready to share.

However, if we feel that you or someone else may be at risk, we may need to contact someone else. We would inform you of this first where possible.

At GYRO you have the right to:

- Be listened to and taken seriously
- Be treated with respect at all times
- Be accepted for who you are
- Be in a safe space, free from discrimination of any kind
- Know who you can turn to for support
- Be involved in decisions about the group that affect you
- See information we keep about you
- Give feedback about how the group is run so we can continue to make it a safer place which meets your needs
- Decide at any time if you no longer wish to attend the group.

YPAS Central Hub
36 Bolton Street
L3 5LX
0151 707 1025

YPAS South Hub
Lyndene Road
Childwall
L25 1NG
0151 305 2030

YPAS North Hub
Croxdale Road West
Croxteth
L14 8YA
0151 305 2040



Assisting young people to reach
their full potential



Email: gyro@ypas.org.uk
Web: www.ypas.org.uk



Registered Charity No. 1002706 Limited by Guarantee Reg. No. 2596423



Who is GYRO for?

Anyone aged 12-25 who identifies as Lesbian, Gay, Bisexual, Trans*, other sexualities and gender identities, or are questioning their sexuality or gender identity. There is no cost to accessing our services.

How it works:

We know stepping through the door can be the scariest bit, but once you do that you will be greeted by a member of staff who will take you to do some paperwork and tell you about what we do. You can ask us any questions. We like to think we are friendly and experienced, there is nothing to worry about. If you think about it, every young person there has been in your shoes at some point!

Sometimes we talk about serious issues like LGBTQ+ rights and issues and other times we have food, games and socialise.

You can self-refer by just turning up at the group or have someone make a referral. We do not tell anyone that you are seeing us UNLESS you have been referred by a professional or there is a safeguarding issue.

Groups run every week:

- **Every Tuesday 4pm-6pm** for young people in Years 8-11 of secondary school (ages 12-16)
- **Every Thursday 6pm-8pm** for young people aged 16-25 (post secondary school).

Appointments for Information, Advice & Guidance (IAG) available on request.

A dedicated **Information, Advice and Guidance (IAG) worker with an LGBT+ specialism** is also available for confidential support if you find groups difficult to engage with. We can help with things like self-esteem, anxiety, coming out, sexual health and same sex relationship advice, reporting hate crimes, as well as answering any other questions you may have! Our aim is to improve your mental health and wellbeing.

What does GYRO offer?

GYRO provides a safe and confidential space for you to explore your sexuality and/or gender identity with other young people like yourself. YOU ARE NOT ALONE! We often get invited to events such as residential, conferences and day trips, and host our own events too.

For professionals: Depending on our capacity we can also offer training to professionals and school work such as teacher training and workshops that include explaining terminology, tackling homophobia, role models, etc. (There may be a cost attached, please enquire)

What's so unique about GYRO?

GYRO is the longest running LGBTQ+ youth group in the UK. In 2016 we celebrated our 40th birthday! We champion LGBTQ+ young people's Rights and aim to improve the mental health outcomes of everyone we work with. We also work closely with our sibling group THE* (Trans* Health Education) Action Youth which provides support for those 12-18 requiring gender specific support.

Why is GYRO important?

GYRO provides a safe space for you to be yourself, explore who you are, and become more confident. The staff know what it is like to feel different, alone and intimidated by the big world. We want you to know that it gets better as you get older, and we are here to help you along, to give you the skills, confidence and knowledge that you are not alone and that there is nothing wrong with being different. You don't choose your sexuality or gender identity, therefore you have nothing to be ashamed or feel guilty about! It is important to us that you realise this and that you are not alone.

"...I like feeling like part of a family, where I can be myself without fear of trying to be someone I'm not..."

"...I can go to GYRO and meet new people and have fun in a safe environment"

Find out more:

follow us on Twitter:



@gyroliverpool

'Children have the right to say what they think should happen when adults are making decisions that affect them, and to have their opinions taken into account.'

(UNCR - Article 12)