

Our Confidentiality Policy

Group work at YPAS is a confidential service and we will respect that as much as possible. However, if we feel that you or someone else may be at risk of harm, we may need to contact someone to ensure your or their safety.

Your Rights whilst in the group:

- To be treated with respect by workers and group members
- To see any information that is kept about you
- To be informed about what we can offer you
- To use our complaints procedure if you are unhappy about something



'Children have the right to say what they think should happen when adults are making decisions that affect them, and to have their opinions taken into account.'

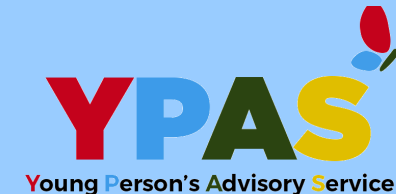
(UNCRC – Article 12)

YPAS has 3 Hubs across Liverpool:

YPAS Central Hub
36 Bolton Street
L3 5LX
0151 707 1025

YPAS South Hub
Lyndene Road
Childwall
L25 1NG
0151 305 2030

YPAS North Hub
Croxdale Road West
Croxteth
L14 8YA
0151 305 2040

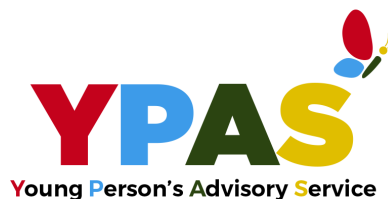


Thrive Project

Secondary school age — open access group



Assisting young people to reach
their full potential



Fax: 0151 707 1252

Email: support@ypas.org.uk Web: ypas.org.uk



@ypasliverpool



About YPAS

The Young Persons Advisory Service is an organisation which supports young people across a range of issues. The wellbeing services at YPAS include advice, wellbeing support and group-work.

Support Team at Thrive

Staff at Thrive work alongside CAMHS and other agencies that work with young people. All staff at YPAS are friendly, approachable and there to help you.

All young people have to deal with issues which may affect their lives and how they feel about themselves. Thrive provides the opportunity to talk about some of these issues and see what support can be put in place to help you.

These issues may include:

- Depression
- Anxiety
- Debt
- Relationship Worries
- Problems at school/college
- Low confidence/self esteem
- Sexuality
- Bullying
- Mental Wellbeing
- Self harm

About the Thrive Group



Sometimes people need a bit of extra help and they don't know who to turn to or where to go...

Asking for help is a big step, so Thrive is available to support you in any way possible to try to make the situation a little bit easier, no problem is too big or too small.

Thrive is available for all young people who are secondary school age and can provide you with wellbeing support for any issues you may have. This can range from low self-esteem and confidence, to worries with school and friendship groups, to concerns over mental wellbeing.

The Thrive Group is a safe and friendly environment where people can come for wellbeing support, information, advice and guidance in a very relaxed atmosphere with friendly, approachable staff.

It is a place where people can learn about themselves and develop their self-esteem and confidence whilst being in a supportive environment.

Thrive enables friendships to be made and offers many exciting activities and opportunities throughout the year.

Support we can offer

- Relaxed and friendly atmosphere
- 1 to 1 support
- Listening
- Advice
- Advocacy (speaking on your behalf)
- The chance to meet with other new people
- Putting you in touch with other agencies
- Friendly and approachable staff
- Warm, safe and comfortable environment
- A service that can reach out to meet your needs
- Encourage better understanding of mental health issues

We run Thrive sessions at our 3 hubs throughout each week.

Please check our website for the latest times and activities:

www.ypas.org.uk/services/whats-on-calendar